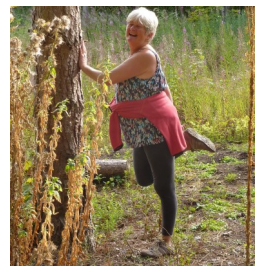


# Archwilio effaith coetiroedd ar Iechyd a Llesiant Dynol

- ◇ Arolygu offerynnau i fonitro'ch prosiect Iechyd a Llesiant
- ◇ Dulliau i ddeall newidiadau yn y defnydd o goetiroedd gan bobl

**Dydd Iau 6 Gorffennhaf 2017: 10yb - 3yp**



Gweithdy AM DDIM - yn cynnwys cinio. Croeso i bawb

Trafodwch sut fyddai hyn yn elwa presgripsiynu ymdeithasol

Gweithdy ar y cyd â Phrifysgol Bangor, Prifysgol Abertawe a  
Choetiroedd Dyfi

Yn cynnwys yr astudiaeth PhD yn 'Gwerthuso Effaith  
Gweithgareddau Coetir ar Les'

Digwyddiad Hyb Coedwigaeth:

Unit 6, Dyfi Ecopark, Machynlleth SY20 8AX

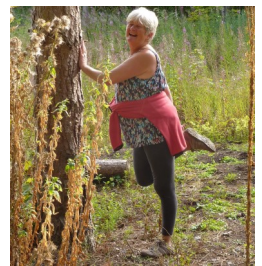
Please register with [jocooper@smallwoods.org.uk](mailto:jocooper@smallwoods.org.uk)



# Exploring the impact of woodlands on Human Health and Well-being

- ◇ Reviewing tools to monitor your Health and Well-being project
- ◇ Methods for understanding changes in woodland use by people

**Thursday 6th July 2017: 10am - 3pm**



FREE workshop - lunch included. All welcome

Discuss how this would benefit social prescribing

Workshop in conjunction with Bangor University,  
Swansea University and Dyfi Woodlands

Featuring the Phd study 'Evaluating the Impact of  
Woodland Activities on Personal Wellbeing'

A Forestry Hub Event:

Unit 6, Dyfi Ecopark, Machynlleth SY20 8AX

Please register with [jocooper@smallwoods.org.uk](mailto:jocooper@smallwoods.org.uk)

